Dag	Datum	Training	Locatie	Start	Einde
Wo	23/01/2019	Lopen	AP Zwevegem	20.00	21.00
Vr	25/01/2019	Lopen	AP Zwevegem	20.00	21.00
Ma	28/01/2019	Blessurepreventie	Judozaal Avelgem	20.00	21.00
Wo	30/01/2019	Lopen	AP Zwevegem	20.00	21.00