

CAT. M06							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	4	Tanghe Briek	TBT	M06	00:01:09	00:02:51	0:04:00
2	3	Mouton Briek	VTDL	M06	00:01:13	0:03:16	0:04:29
3	1	Vliegen Jules	ZLTC	M06	00:01:29	0:03:01	0:04:30
4	5	De Simpelaere Malt	NLT	M06	00:01:25	0:03:23	0:04:48
5	2	Michielsens-Meulemans N.	KTT	M06	00:01:34	0:03:29	0:05:03
6	6	Kieboom Jesse	GLH	M06	DNF		DNF

CAT. F06							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	202	Decuynaere Lore	VTDL	F06	00:01:14	0:02:41	0:03:55
2	201	Vandendriessche Alieke	VTDL	F06	00:01:07	0:02:58	0:04:05
3	205	Vermeiere Noor	NLT	F06	00:01:08	0:03:14	0:04:22
4	203	Harinck Manon	VTDL	F06	00:01:16	0:03:42	0:04:58
5	204	Vanwijnsberghe Tara	NLT	F06	00:01:51	0:03:51	0:05:42

CAT. M08							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	15	De Meulenaere Runar	VTDL	M08	0:01:27	0:03:31	0:04:58
2	14	Verhaeghe Martijn	ITC	M08	0:01:38	0:03:35	0:05:13
3	16	Stappaerts Jari	HULS	M08	0:01:46	0:03:40	0:05:26
4	13	Vanwijnsberghe Tenzin	NLT	M08	0:01:56	0:03:36	0:05:32
5	17	Deleersnyder Remy	NLT	M08	0:01:46	0:03:47	0:05:33
6	10	Tremerie Dylano	ITC	M08	0:01:52	0:04:00	0:05:52
7	21	Mouton Staf	VTDL	M08	0:01:28	0:04:48	0:06:16
8	18	Van Loon Thibo	FMT	M08	0:02:29	0:03:48	0:06:17
9	12	Vandendriessche Massimo	NLT	M08	0:02:21	0:04:02	0:06:23
10	22	Vangheluwe Dennis	VTDL	M08	0:02:00	0:04:24	0:06:24
11	11	Decruyenaere Lenn	VTDL	M08	0:02:28	0:04:06	0:06:34
12	20	Morel Brikke	VTDL	M08	0:02:15	0:04:21	0:06:36
13	19	Gheselle Tiziano	TCM	M08	0:02:39	0:04:55	0:07:34

CAT. F08							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	212	Hilven Emily	VTDL	F08	0:01:35	0:03:48	0:05:23
2	211	De Meulenaere Marit	VTDL	F08	0:01:48	0:04:06	0:05:54
3	210	Declercq Mira	VTDL	F08	0:01:49	0:04:14	0:06:03
4	216	Lernout Laura	VTDL	F08	0:01:46	0:04:18	0:06:04
5	217	Dewilde Jilke	SMO	F08	0:02:12	0:04:11	0:06:23
6	214	Vandendriessche Allesia	NLT	F08	0:02:20	0:04:07	0:06:27
7	213	Lammens Merja	TCM	F08	0:02:32	0:04:04	0:06:36
8	215	Valcke Mirthe	NLT	F08	0:02:59	0:05:01	0:08:00

CAT. M10							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	29	Collyns Milan	GETT	M10	0:02:21	0:04:08	0:06:29
2	32	Vliegen Maxime	ZLTC	M10	0:02:21	0:04:19	0:06:40
3	48	Huyghe Cis	VTDL	M10	0:02:12	0:04:39	0:06:51

4	35	Van Wynsberghe Obe	SMO	M10	0:02:07	0:04:45	0:06:52
5	30	Masyn Jasper	TBT	M10	0:02:20	0:04:34	0:06:54
6	50	Verheye Miel	VTDL	M10	0:02:19	0:04:36	0:06:55
7	51	Vangheluwe Brent	VTDL	M10	0:02:18	0:04:38	0:06:56
8	36	Declercq Lucas	VTDL	M10	0:02:07	0:05:02	0:07:09
9	28	Lammens Marius	NLT	M10	0:02:37	0:04:37	0:07:14
10	42	Deconinck Jeppe	VTDL	M10	0:02:25	0:04:51	0:07:16
11	31	Cornil Yann	TBT	M10	0:02:30	0:04:48	0:07:18
12	45	De Clercq Daan	ATRIAC	M10	0:02:43	0:04:37	0:07:20
13	46	De Paepe Samuel	ITC	M10	0:02:25	0:05:01	0:07:26
14	41	Steenackers Lowie	VTDL	M10	0:02:33	0:05:07	0:07:40
15	27	Devos Jasper	NLT	M10	0:02:49	0:04:59	0:07:48
15	52	Vermeire Tuur	NLT	M10	0:02:38	0:05:10	0:07:48
16	47	Tanghe Ides	TBT	M10	0:03:06	0:04:44	0:07:50
17	40	Minnebo Jarne	NLT	M10	0:02:55	0:05:06	0:08:01
18	33	Michielsen-Meulemans Merlijn	KTT	M10	0:02:54	0:05:08	0:08:02
19	49	Fieuw Tibo	VTDL	M10	0:02:36	0:05:28	0:08:04
19	25	Ares Arno	NLT	M10	0:02:50	0:05:19	0:08:09
20	44	Hautekiet Lucas	NLT	M10	0:03:02	0:05:07	0:08:09
21	34	Vliegen Victor	ZLTC	M10	0:03:05	0:05:13	0:08:18
22	43	Verstraete Jenthe	ITC	M10	0:03:12	0:05:07	0:08:19
23	26	Ares Vic	NLT	M10	0:02:51	0:05:39	0:08:30

CAT. F10							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	224	Minnebo Lotte	TBT	F10	0:02:14	0:04:39	0:06:53
2	226	Deleersnyder Lise	NLT	F10	0:02:17	0:04:52	0:07:09
3	220	Mouton Heike	VTDL	F10	0:02:44	0:04:56	0:07:40
4	223	Cottenie Emma	NLT	F10	0:02:37	0:05:04	0:07:41
5	221	Tanghe Aagje	TBT	F10	0:02:54	0:05:16	0:08:10
6	222	Cottem Norah	NLT	F10	0:02:52	0:05:27	0:08:19
7	225	Langen Bieke	TCM	F10	0:02:35	0:05:53	0:08:28
8	227	Harinck Camille	VTDL	F10	0:02:46	0:05:47	0:08:33

CAT. M12							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	58	Van Genechten Sander	ZT	M12	0:02:43	00:06:37	0:09:20
2	57	Cottem Marcin	NLT	M12	0:03:05	00:06:25	0:09:30
3	56	Vandendriessche Arne	NLT	M12	0:03:02	00:06:38	0:09:40
4	602	Vandekerckhove Seppe	NLT	M12	0:03:10	00:06:31	0:09:41
5	54	Hilven Tristan	TCM	M12	0:03:23	00:06:25	0:09:48
6	601	Dhondt Robbe	GETT	M12	0:03:16	00:06:40	0:09:56
7	55	Kinget Niels	TBT	M12	0:03:32	00:06:28	0:10:00
8	60	Uyttenhove Louis	ITC	M12	0:03:32	00:06:42	0:10:14
9	603	Michielsen-meulemans Wanne	KTT	M12	0:03:18	00:06:59	0:10:17
10	53	Ares Ruben	NLT	M12	0:03:16	00:07:04	0:10:20
11	605	Cockheydt Joeri	SMO	M12	0:03:18	00:07:03	0:10:21
12	606	Ingelbeen Jonas	VTDL	M12	0:03:19	00:07:10	0:10:29
13	59	Catry Theo	NLT	M12	0:03:28	00:07:23	0:10:51
14	604	Smeets Jorrit	TCM	M12	DNS	DNS	DNS

CAT. F12							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	234	Van Dycke Vera	KTT	F12	0:03:02	0:06:31	0:09:33
2	238	Dequa Nele	NLT	F12	0:03:05	0:06:41	0:09:46
3	237	D'haene Yara	NLT	F12	0:03:08	0:06:40	0:09:48
4	236	Deleersnyder Laura	NLT	F12	0:03:03	0:07:02	0:10:05
5	233	Langen Lizzy	TCM	F12	0:03:04	0:07:12	0:10:16
6	235	Courcelles Lene	TRIBE	F12	0:02:56	0:07:22	0:10:18
7	231	Wiggers Erin	ZLTC	F12	0:03:35	0:07:09	0:10:44
8	232	Lammens Leena	NLT	F12	0:03:14	0:07:34	0:10:48
9	230	Baluwé Margot	NLT	F12	0:03:16	0:07:39	0:10:55
10	240	Deprez Ilke	NLT	F12	0:03:12	0:07:55	0:11:07
11	239	Lambrechts Chanaya	GLH	F12	0:04:03	0:08:58	0:13:01

CAT. M14							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	616	Isebaert Mathis	NLT	M14	0:03:50	0:08:38	0:12:28
2	612	Herreman Freek	ITC	M14	0:03:39	0:09:07	0:12:46
3	611	Detollenaere Maarten	NLT	M14	0:03:47	0:09:15	0:13:02
4	613	Croci Niels	ZLTC	M14	0:04:20	0:09:07	0:13:27
5	617	Vermeersch Pieter	ITC	M14	0:04:05	0:09:38	0:13:43
6	614	De Graef Seppe	SP&O	M14	0:04:31	0:10:17	0:14:48
7	610	Vermeersch Michiel	ITC	M14	0:04:51	0:12:02	0:16:53
8	615	Baert Luka	TBT	M14	DNS	DNS	DNS

CAT. F14							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	152	Willen Hannelore	NLT	F14	0:03:13	0:07:51	0:11:04
2	151	Vanderkerckhove Lotte	NLT	F14	0:03:30	0:08:57	0:12:27
3	157	Tanghe Laura	NLT	F14	0:03:23	0:09:14	0:12:37
4	154	Bortier Lucie	NLT	F14	0:03:25	0:10:16	0:13:41
5	156	Debaere Lara	NLT	F14	0:03:59	0:10:26	0:14:25
6	155	Debaere Anse	NLT	F14	0:04:02	0:10:34	0:14:36
7	153	Kerkhoffs Kyra	ZLTC	F14	DNS	DNS	DNS

CAT M Relay							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	411-414	ITC	ITC	M8-14	0:05:47	0:12:40	0:18:27
2	401-404	NLT2	NLT2	M8-14	0:06:12	0:13:29	0:19:41
3	431-434	NLT1	NLT1	M8-14	0:06:33	0:13:26	0:19:59
4	421-424	ATRIAC	ATRIAC	M8-14	0:07:29	0:14:06	0:21:35
5	406-409	ZLTC	ZLTC	M8-14	0:08:00	0:14:31	0:22:31

CAT. F Relay							
Rang	Nr	Name	Club	Cat	Time swim	Time run	Time total
1	551-554	NLT3	NLT3	D8-14	0:06:34	0:13:30	0:20:04
2	561-564	NLT4	NLT4	D8-14	0:06:40	0:13:39	0:20:19
3	567-570	NLT5	NLT5	D8-14	0:07:35	0:15:32	0:23:07
4	415-418	NLT6	NLT6	D8-14	0:08:05	0:15:34	0:23:39